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| **WYNIKI PRZEPROWADZONEJ ANKIETY DOTYCZĄCEJ NAWYKÓW ŻYWIENIOWYCH UCZNIÓW NASZEJ SZKOŁY** | | | | | | | | | |  |
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| **większość uczniów zjada 4 posiłki dziennie, w tym średnio dwa razy owoce i warzywa** | | | | | | | | | |  |
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| **prawie wszyscy uczniowie jedzą pierwsze śniadanie, w szkole zdecydowanie przeważają kanapki** | | | | | | | | | |  |
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| **Hamburgery i frytki uczniowie jedzą 1-2 razy w tygodniu. Słodycze – raz na jakiś czas. Chłopcy jedzą w przeważającej większości pieczywo białe, a dziewczęta zarówno pieczywo ciemne jak i białe. Chłopcy uważają, że odżywiają się zdrowo, jednak dziewczyny nie potrafią określić, czy ich nawyki żywieniowe są odpowiednie.** | | | | | | | | | | |
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